

Martinsburg Christian Academy

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Learning Today ~ Leading Tomorrow

Parents,

My name is Adam Guerrant, I am the athletic director for MCA. I am very excited to announce the introduction of intramural sports for all grade school students (1st-6th grades). We will be offering soccer, volleyball, basketball, and baseball in a coed team format. We will be focusing on the fundamentals of each sport, nothing overly complicated or technical.

For this to be successful we will need your help. If you have a love for any of these sports and would be willing to help as a coach or assistant, or even as an official please let me know.

Included in this email is a registration link for you to register your child for this program. All 4 sports are offered with accompanying shirts for \$100 per student. Boys will need to wear black sports shorts that come to the knees, girls will need to order school approved culottes, there will be more information sent out from the school office on ordering details and a time to stop by for sizing. Please help us by registering your child right away, we are in the process of finalizing all the details.

We will have weekly practice during regularly scheduled school hours, and all games will be played on Friday afternoons at the end of the school day. Below are the dates we plan to play each sport, there will be no overlap in sports, and dates are subject to modification.

Schedule: Soccer 8/28-10/6 Volleyball 10/16-12/1 Basketball 1/8-2/23 Baseball 3/11-4/19

There will be a meeting scheduled before the school year starts to go over more details and to give parents more information and a schedule for practices and games. If you have any questions please feel free to reach out anytime 540-931-8660 or mcasportsAD@gmail.com

Adam Guerrant Athletic Director 540-931-8660 mcasportsAD@gmail.com



- 1. Eligibility:
  - a. A student athlete receiving 20 demerits will be suspended from the team for one week. If he/ she reaches 40 demerits, he/she will be removed from the team for the rest of the season.
  - b. The student must maintain a "C" average and have no "F" grades on the report card to play in games.
- 2. Sportsmanship:
  - a. All players and coaches are expected to always follow the MCA Warrior code of ethics.
  - b. Good sportsmanship is strongly encouraged, and players should demonstrate respect towards opponents, teammates, coaches, and officials.
- 3. Practices:
  - a. You will be provided with a schedule before the season starts.
  - b. Students are allowed only 2 absences from practices or games during a season.
- 4. Games:
  - a. Student athletes must be in complete uniform to participate in a game.
  - b. Students must attend class at least half of the day on game days if they want to participate in that game.
- 5. Game Duration:
  - a. The duration of the games will be based on the age group and available time.
- 6. Team Composition:
  - a. The soccer team will consist of 5-7 players for 1<sup>st</sup>-3<sup>rd</sup> grade and 7-9 players for 4<sup>th</sup>-6<sup>th</sup> grade with substitutes.
  - b. Volleyball teams will consist of 5 players with substitutes.
  - c. Basketball teams will consist of 5 players with substitutes.
  - d. Baseball teams will consist of 9 players with substitutes.
- 7. Uniforms/Equipment:
  - a. Uniforms will not be distributed until Registration Fees have been paid.
  - b. Players are responsible for caring for and clean their uniforms.
  - c. Boys will need to wear black sports shorts to the knees, and girls will need to purchase the school approved culottes, a date a time for sizing will be sent out from the school office.
  - d. They may keep their shirts after the season is over.
- 8. Officiating:
  - a. Responsible and knowledgeable individuals will be assigned to officiate the games. These can be teachers, parent volunteers, or older students. We will encourage the officials to explain their calls and decisions to players, focusing on teaching and fair play.
  - b. As the season progresses in each sport the officials will become stricter with following the rules
- 9. Playing space/equipment
  - a. We will use appropriate court/field dimensions based on the age group.
  - b. We will use appropriately sized balls for each age group and sport.
  - c. Soccer players must provide their own soccer cleats (no metal cleats) and shin guards.
  - d. Volleyball players must provide their own knee pads.
  - e. Baseball players must provide their own helmets, gloves, and bats.